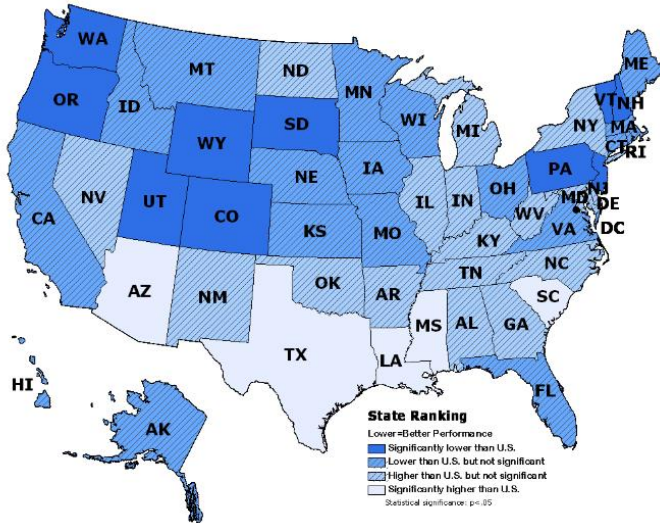




Louisiana

Overweight & Obesity Rates for Children



LOUISIANA
39.8%

UNITED STATES
31.3%

Source: 2011/12 National Survey of Children's Health. Data Resource Center for Child & Adolescent Health.

Physical Education in Louisiana

LOUISIANA PHYSICAL EDUCATION REQUIREMENTS	YES	NO
Does LA mandate elementary school PE	X	
Does LA mandate middle school/junior high school PE	X	
Does LA mandate high school PE	X	
Does LA have its own PE standards	X	
Does LA require PE in all grades K-12		X

Source: *Shape of the Nation Report: Status of Physical Education in the USA (2012)*. National Association for Sport and Physical Education.

HIGH SCHOOL STUDENT PARTICIPATION IN PHYSICAL EDUCATION	Louisiana Students %	U.S. Students %
Did <u>NOT</u> attend physical education classes daily	57.5%	68.5%
Did <u>NOT</u> attend physical education classes in an average week	41.9%	48.2%

Source: Youth Risk Behavior Survey (YRBS) 2011. Centers for Disease Control and Prevention.



Louisiana PEP Grant Funding 2001-2014:

\$3,589,603.00



Source: Compiled by SHAPE America: <http://www.shapeamerica.org/advocacy/upload/PEP-recipients-by-state-2001-2014.pdf>



LOUISIANA

Amount of Required Physical Education:

Louisiana mandates 150+ minutes of physical education per week in grades K-8. The state also requires high schools to provide physical education to their students.

High School Graduation Requirements: The state requires students to earn 1.5 physical education credits for graduation.

Substitutions: The state permits school districts or schools to allow students to substitute Junior Reserve Officer Training Corps (JROTC) for their required physical education credit.

Exemptions/Waivers: Waivers and exemptions are granted for health reasons only.

Physical Activity: The state does not require elementary schools to provide daily recess and does not require a minimum weekly amount of physical activity time for elementary school students. Neither does the state require a minimum weekly amount of physical activity time for middle school/junior high school and high school students. Classroom physical activity breaks are not required, but Louisiana does prohibit the use of withholding physical activity, including recess, as punishment for disciplinary reasons, as well as using physical activity as punishment for inappropriate behavior. Louisiana does support Safe Routes to School programs.

Local School Wellness Policy: The state does not require schools or school districts to provide their local school wellness policy to the state education agency and does not monitor the implementation of local school wellness policies.

State Standards: The state has developed its own standards for physical education, with which all school dis-

tricts must comply. The Louisiana Physical Education Grade-Level Expectations Handbook from the Louisiana Department of Education was last revised in 2009.

State Curriculum: The state does not require the use of specific curricula for elementary, middle school/junior high or high school physical education. Local school systems or individual schools have the option of utilizing a commercial curriculum.

Class Size: The state mandates a teacher-to-student ratio comparable to other curricular areas.

Online Physical Education Courses: The state does not allow required physical education credits to be earned through online physical education courses.

Student Assessment Requirements: The state does not require student assessment in physical education.

Grade Point Average (GPA): Physical education grades are included in a student's overall GPA.

Fitness Assessment: The state does not require the use of a particular fitness assessment protocol.

Body Mass Index (BMI): The state does not require schools to collect BMI or students' height and weight.

Certification/Licensure of Physical Education Teachers: The state requires certification or licensure of physical education teachers at the middle school/junior high and high school levels. Elementary classroom teachers (generalists) may teach required elementary school PE classes. An exam is required for certification.

Professional Development of Physical Education Teachers: Professional development, continuing education hours or credits are required in order to maintain/renew one's physical education teacher certification or licensure. No state funding is provided for this professional development.

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WWW.NASPEINFO.ORG/SHAPEOFTHENATION ▶ 1900 ASSOCIATION DRIVE ▶ RESTON, VA 20190, U.S.

(703) 476-3410 ▶ FAX (703) 476-8316 ▶ E-MAIL NASPE@AAHPERD.ORG

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National Board Certification: The state actively supports physical education teachers to become certified through the National Board Certification process by promoting and encouraging teachers to register for the National Board Certification process, providing full funding only if the teacher receives board certification, and providing a one-time monetary bonus if the teacher receives board certification.

District Physical Education Coordinator: The state does not require each school district to have a licensed physical educator serving as a PE coordinator.

Contact Person:

Michael Comeaux, MS, MHSA
Health and Physical Education Coordinator
Louisiana Department of Education
Division of Student Learning and Support
1201 North 3rd Street
Baton Rouge, LA 70802
225-342-3488
Michael.Comeaux@la.gov