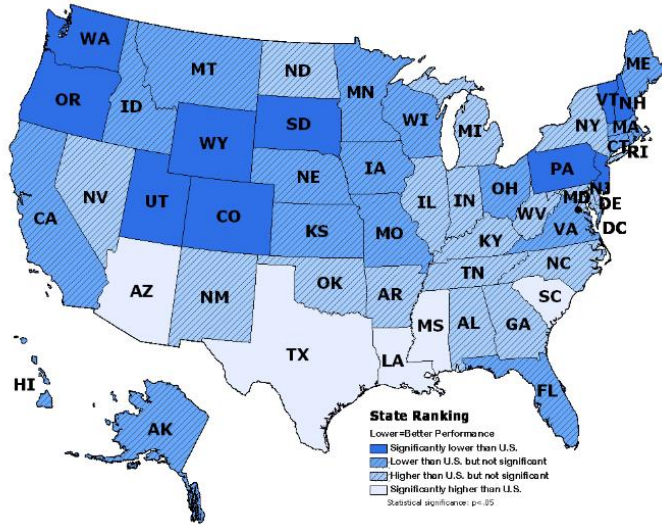




# Wisconsin

## Overweight & Obesity Rates for Children



**Wisconsin**  
28.8%

**UNITED STATES**  
31.3%

Source: 2011/12 National Survey of Children's Health. Data Resource Center for Child & Adolescent Health.

## Physical Education in Wisconsin

WISCONSIN PHYSICAL EDUCATION REQUIREMENTS	YES	NO
Does WI mandate elementary school PE	X	
Does WI mandate middle school/junior high school PE	X	
Does WI mandate high school PE	X	
Does WI have its own PE standards	X	
Does WI require PE in all grades K-12		X

Source: *Shape of the Nation Report: Status of Physical Education in the USA* (2012). National Association for Sport and Physical Education.

HIGH SCHOOL STUDENT PARTICIPATION IN PHYSICAL EDUCATION	Wisconsin Students %	U.S. Students %
Did <u>NOT</u> attend physical education classes daily	62.4%	68.5%
Did <u>NOT</u> attend physical education classes in an average week	48.4%	48.2%

Source: Youth Risk Behavior Survey (YRBS) 2011. Centers for Disease Control and Prevention.



**Wisconsin PEP Grant Funding 2001-2014:**

**\$44,725,062.00**



Source: Compiled by SHAPE America: <http://www.shapeamerica.org/advocacy/upload/PEP-recipients-by-state-2001-2014.pdf>



## WISCONSIN

### **Amount of Required Physical Education:**

Wisconsin mandates physical education in grades K-6. The state also mandates physical education in grades 7-12 and requires high schools to provide their students with physical education. These directives are enforced through the Content and Learning Requirements.

**High School Graduation Requirements:** In grades 9-12 at least 1.5 credits of physical education incorporating effects of exercise, health-related fitness, and lifetime activities is required. Credits must be earned over three separate years.

**Substitutions:** Substitutions are allowed. Students may substitute 0.5 credits of their 1.5 PE credit requirement for graduation if they participate in extracurricular sports.

**Exemptions/Waivers:** Exemptions and waivers are permitted. Waivers are valid for two years and school districts must submit a report on the impact of the waiver.

**Physical Activity:** The state requires elementary schools to provide daily recess for a minimum of 16-20 minutes, but does not require a minimum weekly amount of physical activity time for elementary school students. Neither does the state require a minimum weekly amount of physical activity time for middle school/junior high school and high school students. Classroom physical activity breaks are not required, and Wisconsin does not prohibit the use of withholding physical activity, including recess, as punishment for disciplinary reasons, nor prohibit the use of physical activity as punishment for inappropriate behavior. Wisconsin does support Safe Routes to School programs.

**Local School Wellness Policy:** The state does not require schools or school districts to provide their local school wellness policy to the state education agency, and

does not monitor the implementation of local school wellness policies.

**State Standards:** The state has developed its own standards for physical education, though school districts do not have to comply. The Wisconsin Model was last revised in 2010.

**State Curriculum:** The state does not require the use of specific curricula for elementary, middle school/junior high and high school physical education. Use of the SPARK commercial curriculum is permitted.

**Class Size:** The state does not mandate a teacher-to-student ratio.

**Online Physical Education Courses:** The state does not allow required physical education credits to be earned through online physical education courses.

**Student Assessment Requirements:** The state does not require student assessment in physical education.

**Fitness Assessment:** The state does not require the use of a particular fitness assessment protocol.

**Body Mass Index (BMI):** The state does not require schools to collect BMI or students' height and weight.

**Certification/Licensure of Physical Education Teachers:** The state requires certification or licensure of physical education teachers at the elementary, middle school/junior high and high school levels. Elementary classroom teachers (generalists) may teach required elementary school PE classes under the direction of a certified or licensed physical education teacher. A PRAXIS exam is required for certification, with the minimum passing score determined by each certifying school of higher education. Certification must be renewed every five years.

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### **Professional Development of Physical Education**

**Teachers:** Professional development, continuing education hours or credits are required in order to maintain/renew one's physical education teacher certification or licensure. The state also requires professional development for physical education teachers on physical education topics, comparable to other curricular areas. No state funding is provided for this professional development.

**National Board Certification:** The state actively supports physical education teachers to become certified through the National Board Certification process by promoting and encouraging teachers to register for the National Board Certification process, providing partial funding for the cost only if the teacher receives board certification, providing a one-time monetary bonus if the teacher

receives board certification, and providing one or more forms of non-monetary recognition for national board certified teachers.

**District Physical Education Coordinator:** The state does not require each school district to have a licensed physical educator serving as a PE coordinator.

#### **Contact:**

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